

VR BALANCE

Advancing Gender Equity
in Work and Home Life
through Virtual Reality



Funded by
the European Union



THE VIRTUAL REALITY TRAINING: INCREASING AWARENESS AND PROMOTING GENDER EQUITY



INSTRUCTIONS



INSTRUCTIONS

VR Balance

Welcome to VR Balance!

Here you will explore six immersive cases of gender discrimination, designed to raise awareness and empathy. You can access the experience through the web or in full VR.

Start with a short tutorial, then step into real-life scenarios that challenge stereotypes and promote equality.

Thanks for joining us. Enjoy the experience!

START

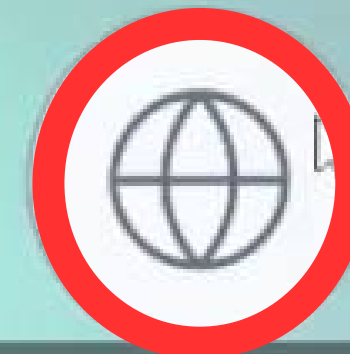
English

Spanish

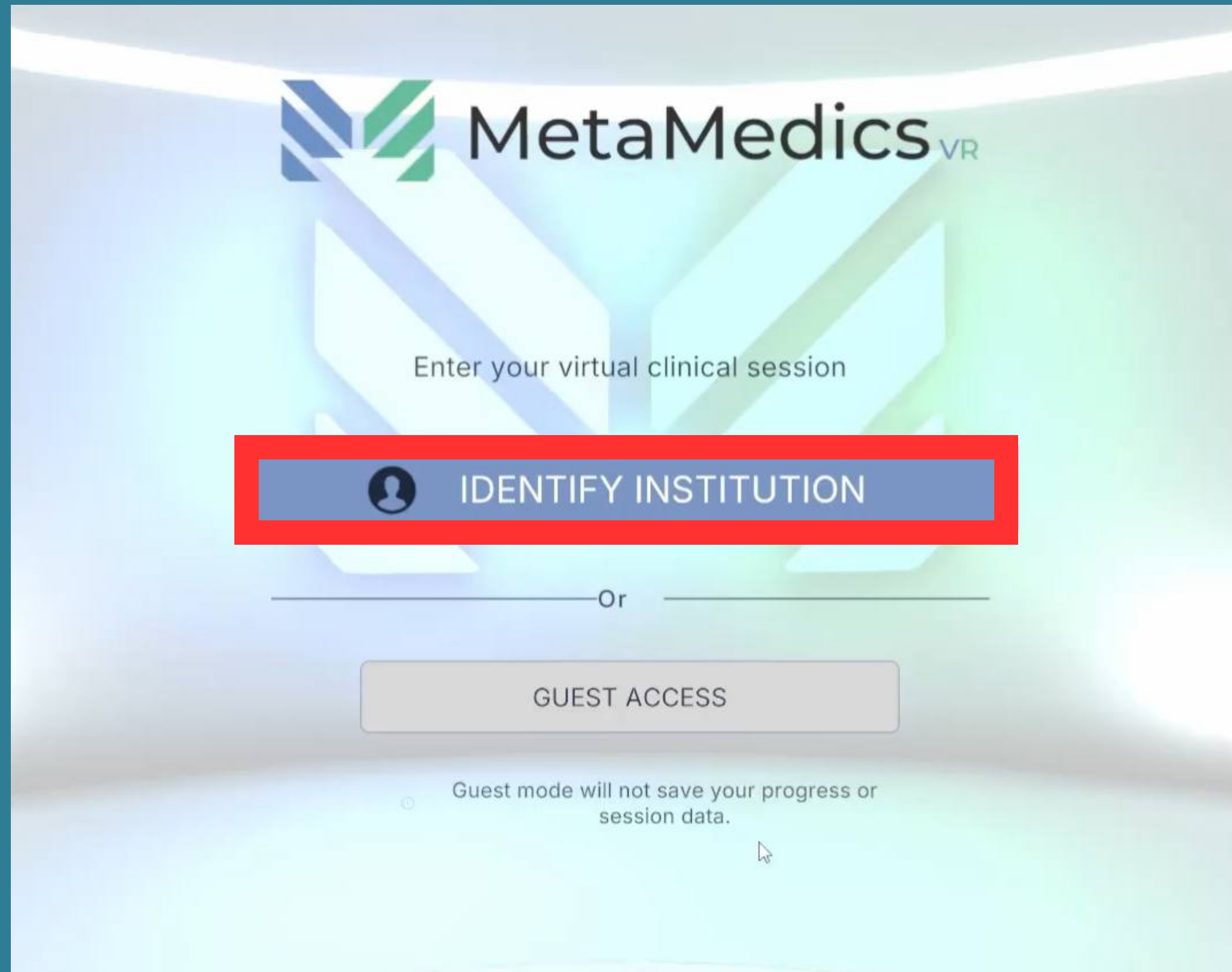
Catalan

Lithuanian

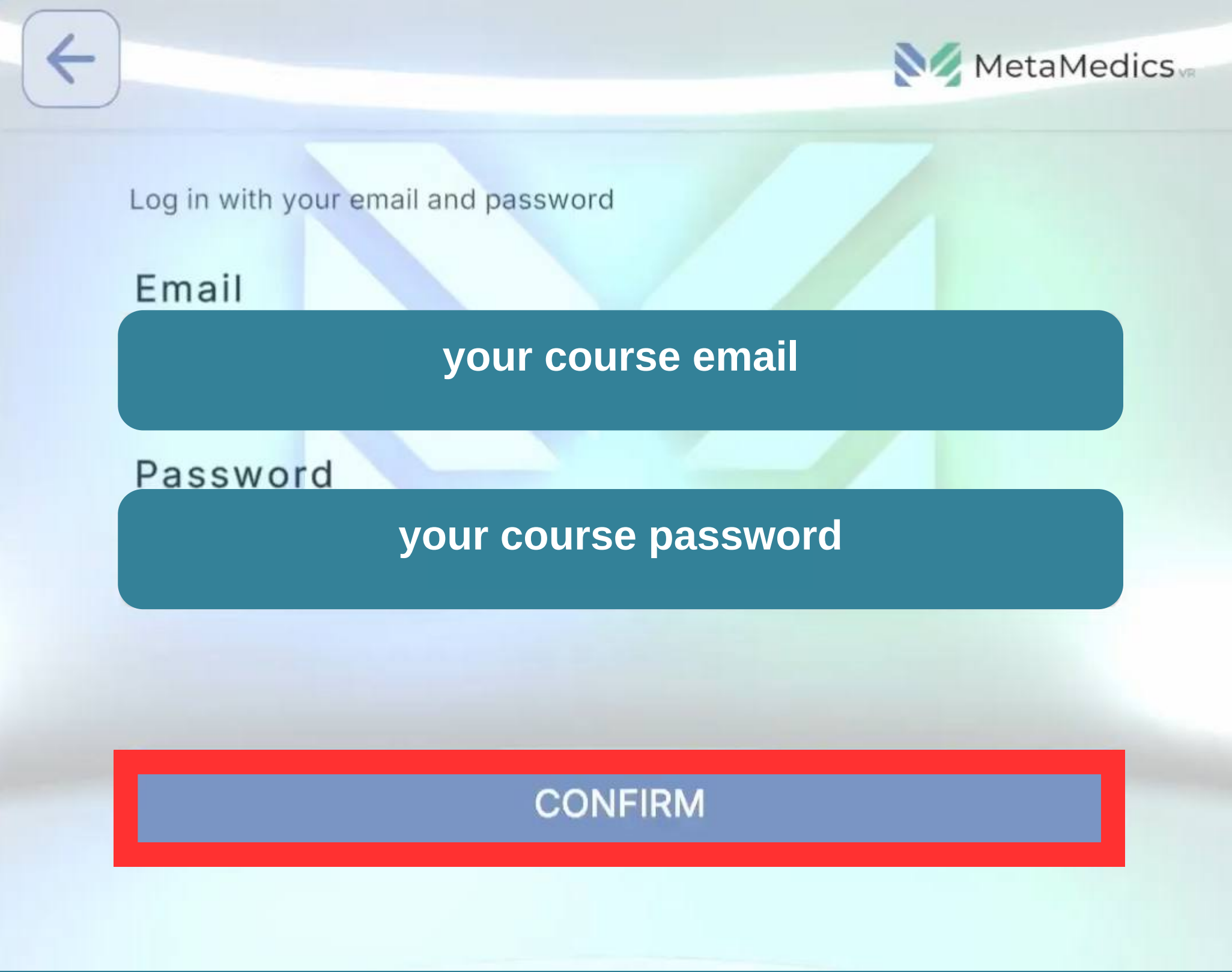
Polish



INSTRUCTIONS



INSTRUCTIONS



The image shows a login interface for MetaMedics VR. At the top left is a back arrow icon, and at the top right is the MetaMedics VR logo. The instruction "Log in with your email and password" is centered. Below this are two input fields: "Email" and "Password". The email field contains the text "your course email" and the password field contains "your course password". At the bottom is a "CONFIRM" button, which is highlighted with a red rectangular border. The background of the interface is a blurred image of a modern building with glass panels.

←

MetaMedics^{VR}

Log in with your email and password

Email

your course email

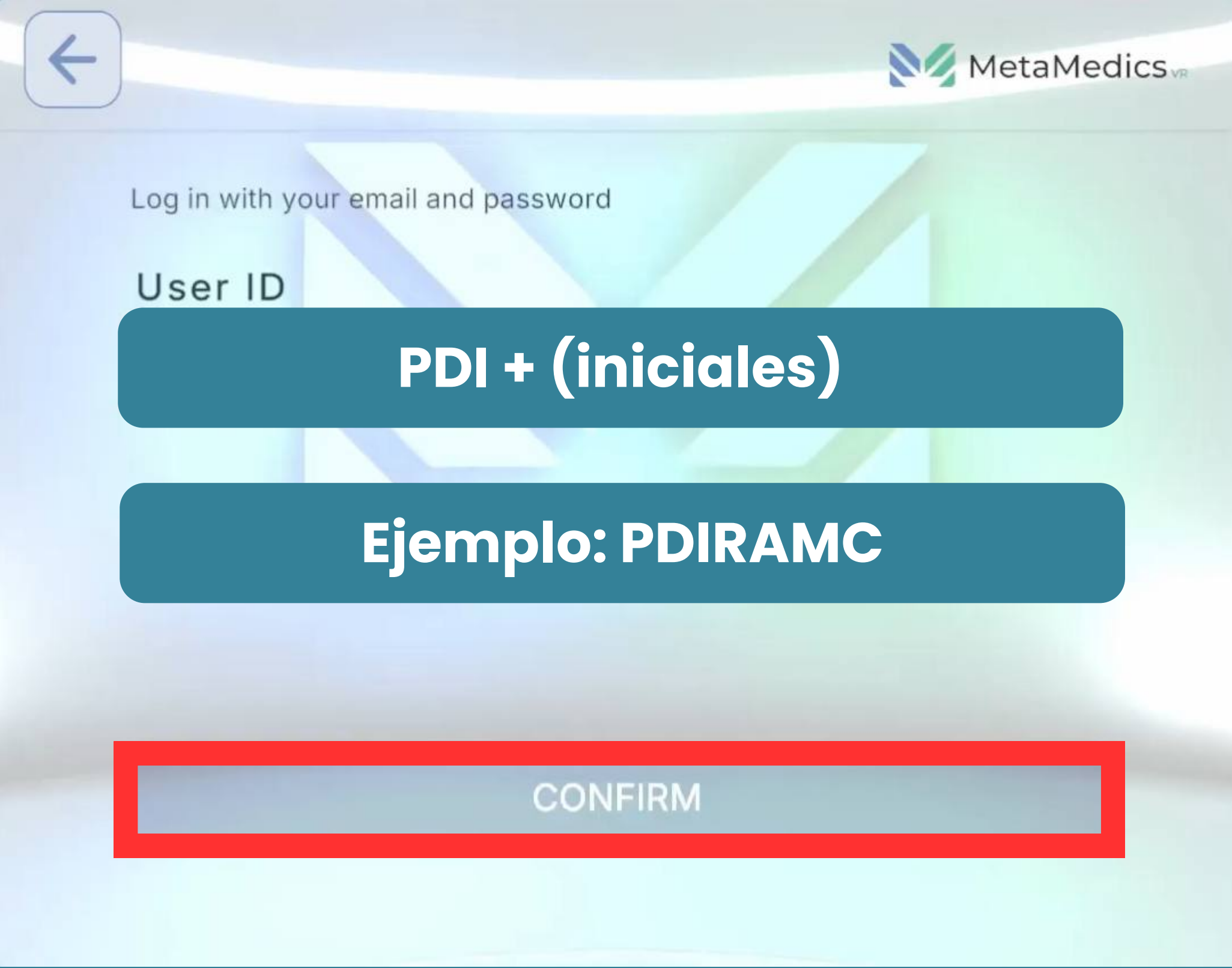
Password

your course password

CONFIRM



INSTRUCTIONS



The screenshot shows the MetaMedics VR login interface. At the top left is a back arrow icon, and at the top right is the MetaMedics VR logo. The main text reads "Log in with your email and password". Below this is the label "User ID". There are three instructional overlays: a dark blue rounded rectangle containing the text "PDI + (iniciales)", another dark blue rounded rectangle containing the text "Ejemplo: PDIRAMC", and a red rectangular border around a grey button labeled "CONFIRM".

MetaMedics_{VR}

Log in with your email and password

User ID

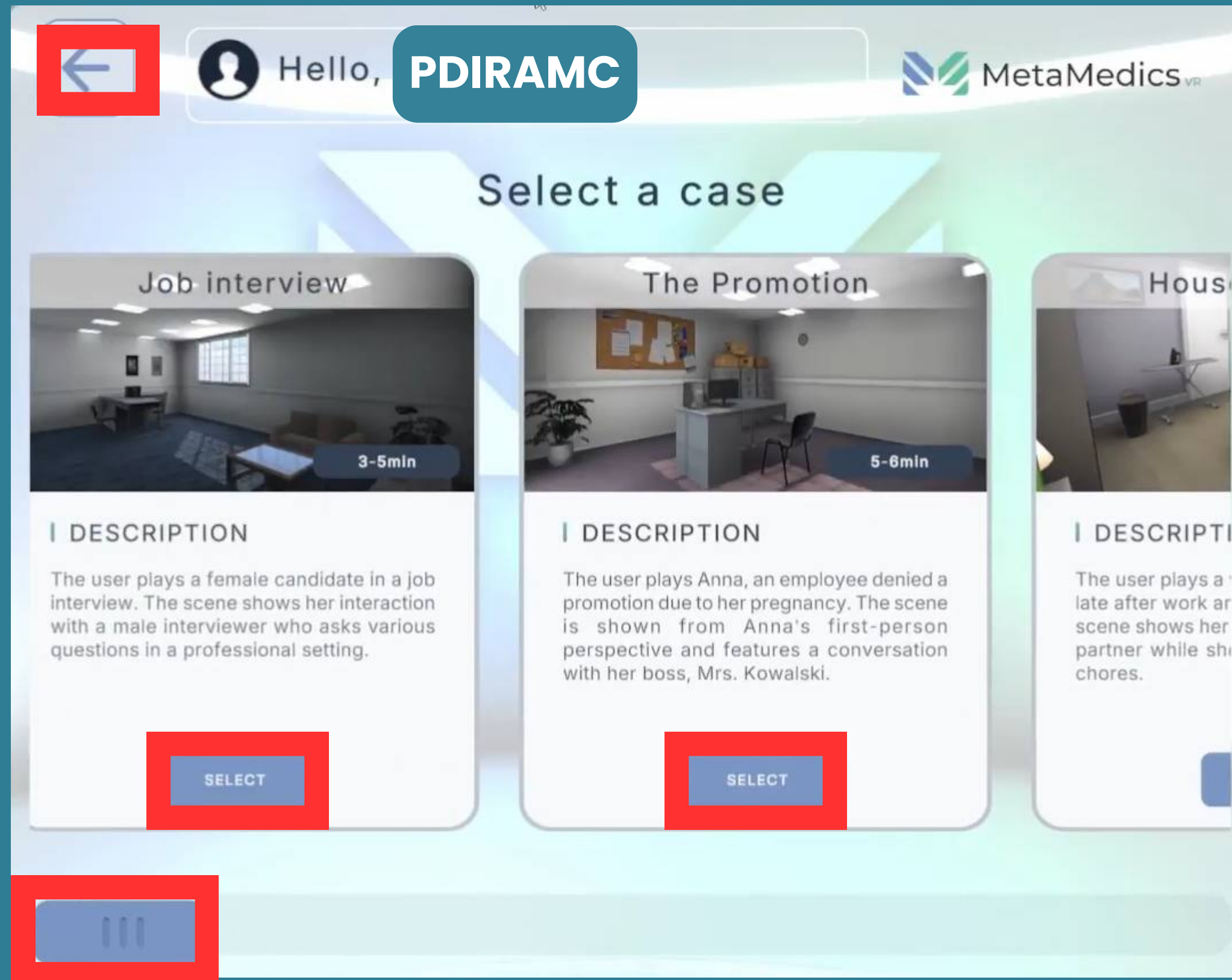
PDI + (iniciales)

Ejemplo: PDIRAMC

CONFIRM



INSTRUCTIONS



THE VIRTUAL REALITY TRAINING: INCREASING AWARENESS AND PROMOTING GENDER EQUITY

